

Medical arrangements according to Postal District.

The following list shows the medical arrangements

which cover families according to the postal districts in which they live. Families living in postal districts not listed should consult the Family Information Bureau H.M.S. Terror.

FAMILIES MEDICAL ARRANGEMENTS

Postal District No.	Medical Centre by Day	Medical Centre Out of Duty Hours	Remarks
That part of Postal District 11 north of and including Farrer Road and Queensway. This area includes the Chip Bee Estate.	Fort Canning Chip Bee	BMH Singapore "	
That part of Postal District 10 east of Farrer Road and Queensway.	Tanglin	"	
That part of Postal District 11 north of and including Lornie Road and west of and including Adam Road.	Chip Bee	"	
That part of Postal District 11 south of Lornie Road and east of Adam Road.	Tanglin	"	
	Fort Canning RAF Families Clinic Serangoon Families Clinic RAF Families Clinic Serangoon Nee Soon Princes Mary Bks. RAF Tengah Naval Base Nee Soon	" Sick Quarters RAF Seletar RAF Changi Sick Quarters RAF Changi Nee Soon BMH Singapore RAF Tengah Families Clinic Nee Soon	
North of a line drawn horizontally through the Ninth milestone.			
South of a line drawn horizontally through the Ninth milestone.	Nee Soon	Nee Soon	
	Naval Base Sick Quarters Families Clinic RAF Seletar Johore Bahru	Sick Quarters RAF Seletar	
South Johore		Johore Bahru	
Where alternative medical centres are shown for cover by day, families must register at one or the other.			

USEFUL TELEPHONES NUMBERS FOR MEDICAL PURPOSES

R.N.				
Naval Base Hospital	Singapore	591141	Ext. 5412/5375	
Sick Quarters, H.M.S. TERROR	"		Ext. 51354	
Sick Quarters, H.M.S. SIMBANG	"		Ext. 3628	
JOHORE BAHRU Families Clinic	Johore Bahru	4096		
R.A.F.				
R.A.F. Seletar Sick Quarters	Singapore	84321	Ext. 7505	
R.A.F. Families Clinic Serangoon	"	85071		
R.A.F. Families Clinic Siglap	"	45200		
R.A.F. Changi S.S.Q.	"	491551	Ext. 6548	
R.A.F. Changi Families	"	491511	Ext. 6530	
R.A.F. Tengah Sick Quarters	"	691881	Ext. 51	
Station Sick Quarters R.A.F. Seletar				
*Enquiries	Singapore	84321	Ext. 7777	
Families Sick Quarters	"	84321	Ext. 7505	
Specialist Appointments	"	84321	Ext. 7467	
Home Visits	"	84990		
Serangoon Clinic	"	85071		
ARMY				
Alexandra Barracks	Singapore	647111	Ext. 4514	
Blakang Mati	"	647111	Ext. 4241	
Fort Canning	"	647111	Ext. 21664	
H. Q. Farelf (Tanglin)	"	647111	Ext. 2398	
Keat Hong	"	647111	Ext. 9	
M.R.S. Nee Soon	"	647111	Ext. 3315	
Princess Mary Barracks	"	647111	Ext. 41665	
Pulau Brani	"	647111	Ext. 4431	
Rowcroft Lines	"	647111	Ext. 41330	
Selarang Barracks	"	647111	Ext. 6679	
HOSPITALS				
B.M.H.	Singapore	642161	Ext. 219 or 220	
Changi (Reception)	"	491551	Ext. 6773	

SSAFA NURSING SERVICES FOR FAMILIES

This is public service paid for jointly by the Services out of Public Funds. The aim is to provide Public Health trained (SSAFA) Nursing Sisters assist in the comprehensive care of Service and Entitled civilian families.

The service is arranged according to Postal Districts.

Details of the various centres are as follows:-

Deputy Principal Nursing Officer,
Medical Directorate,
HQ FARELF,
Tel. 647111 Ext. 21681.

Postal District Numbers.	0815 - 0915 hrs Daily SSAFA Sisters Office & Clinic	Child Health Clinics Held
a. That part of Postal District 10 West of and including Farrer Road and Queensway. Chip Bee Estate.	Families Health Centre, Tel: 9/641928 Chip Bee Estate,	Health Centre, Chip Bee Estate Tues 1400 - 1600 Toddlers Thur 1400 -1600 Babies
b. That part of Postal District 11 North of and including Lornie of and including Lornie Road and West of and including Adam Road.		
a. That part of Postal District 10 East of and including Farrer Road and Queensway.	Tanglin Health Centre Loewen Road, Adjacent to the Families Health Centre Tel: 647111 Ext. 21158.	Tanglin Health Centre Tues Thurs / 1400 - 1600 hrs.
b. That part of Postal District 11 South of Lornie Road and East of Adam Road		
13	Families Health Centre, 34 Medway Drive, Serangoon Garden Estate, Tel: 9/883897.	Families Health Centre 34, Medway Drive. Mon. 1345-1600 hrs. Fri. 1000-1200 hrs.
19	Families Health Centre, 34 Medway Drive Serangoon Garden Estate Tel: 9/883897.	Families Health Centre 34 Medway Drive Mon. 1345-1600 hrs. Fri. 1000-1200 hrs.
20	Families Health Centre, 26 Jalan Leban Sembawang Hills. Tel: 9/591556	Families Health Centre 26 Jalan Leban Thurs. 1300-1530 hrs.
21	In Families Medical Centre, Princess Mary's Barracks Tel: 647111 Ext. 4820	Families Health Centre Princess Mary's Barracks Tues. 1400-1600 hrs.
22 24	Families Health Centre, S.S.Q. RAF Tengah	Families Health Centre S.S.Q. RAF Tengah Thurs. 1400-1600 hrs.
23		Woodlands Estate Tues 1400-1530 hrs.
25 and 27	Families Health Centre, 26 Jalan Leban Sembawang Hills. Tel: 9/591556	H.M. Naval Base Dockyard Surgery Mon. 1400-1600 hrs.
26	Families Health Centre, 26 Jalan Leban Sembawang Hills. Tel: 9/591556	a. Nee Soon Families Medical Centre Tues. 0930-1030 hrs.
a. North of a line drawn horizontally through the 9th milestone.		Families Health Centre, 26, Jalan Leban Thurs. 1330 - 1530 hrs.
b. South of a line drawn horizontally through the 9th milestone.		
28	Families Health Centre, S.S.Q. RAF Seletar Tel: 84321 Ext. 7505	Families Health Centre S.S.Q. RAF Tengah Tues. 0900-1100 hrs. Tues. 1400-1600 hrs.
Johore Bahru	Families Health Centre, 8 Jalan Ru Kebun Teh Park Tel: J.B. 3731.	Health Centre, 8 Jalan Ru Mon. Wed. 0830 - 1030 hrs. Fri.

DENTAL TREATMENT.

Full National Health Service facilities for dental treatment are available in Singapore and Johore Bahru, either from Service sources within the Naval Base, at the Fleet Amphibious Forces

Base (H.M.S. SIMBANG) or the case of families resident in Johore Bahru, at the Mobile Dental Clinic adjacent to the Families Medical Centre, Kebun Teh, or from appointed Civilian Dental Surgeons.

If you require dental treatment, the first step is to telephone the Families Dental Clinic in Hobart Road, H.M. Naval Base (Singapore 591141 ext. 5523) where you will either be given an appointment, or arrangements will be made for you to visit one of the appointed civilian dental surgeons, whichever is most convenient for you, from the viewpoint of distance. In the latter event, Form S 31, the authority for treatment to be carried out at Crown expense, will be issued.

It must be emphasised that the Navy cannot accept any financial responsibility for dental treatment which has been carried out without prior approval, as outlined above.

AN EMERGENCY DENTAL SERVICE, for the treatment of cases of an urgent nature, is available at all times and out of working hours, may be obtained by telephoning the Sick Quarters, H.M.S. TERROR, (Singapore 591141 Ext. 51354) and asking for the Duty Dental Officer.

THE FAMILY WELFARE ORGANISATION

The Family Welfare Organisation exists for the use of all ratings wherever they may be serving and their main task is to advise and to assist Naval ratings and their wives and families in any domestic troubles or difficulties which may arise.

The Family Welfare Officer, Singapore, who has a staff of Chief Wrens (Welfare) is housed in the Basement of the new Petty Officers block - See map of *TERROR*.

Telephone Nos.

Welfare Officer	51368
Chief Wrens (Welfare)	51380

Office hours.

Mon. Tues, Thurs and Fridays	0830 - 1130 and 1330 - 1530
Wed. and Saturdays	0830 - 1115

Personnel or their families requiring assistance *out of working hours* are to contact:-

- The Officer of the Day, H.M.S. TERROR.
- The Family Welfare Officer.
- The Naval Patrol H.Q. (if appropriate).

Under no circumstances are the Chief Wrens to be contacted direct out of working hours.

Wives of Naval ratings may approach indeed they are most welcome to visit any of the welfare staff at any time, on almost any subject.

Ratings with welfare problems, should initially approach their Divisional Officer, who may channel them through to the Welfare Organisation if he considers this necessary.

NEXT OF KIN IN THE U.K. In the unfortunate event of serious illness of a parent which may require the presence of yourself or your wife, valuable time will be saved if the Family Welfare Officer of your Welfare Authority is contacted direct. His address is:-

The Family Welfare Officer,
R.N. Barracks, Portsmouth. Telephone 22351
H.M.S. Drake, Devonport. Telephone Plymouth 53740
Extension-H.M.S. Drake 941
H.M.S. Daedalus, Lee-on-Solent Telephone 79143

In emergency, if it is not possible to get in touch with the Family Welfare Officer direct, the Police or local representative of S.S.A.F.A. (name and address obtainable from the Post Office) should be contacted, either of whom will inform the appropriate Naval Authority.

It is important that your parents should be informed of this procedure.

MOON GATE

278, ORCHARD ROAD SINGAPORE 9



INSPECTION CORDIALLY INVITED

SECTION X

MOTORING INFORMATION

DRIVING LICENCES

If you intend to drive a motor vehicle in Singapore or Johore Bahru a local (Singapore or Malaysia) driving licence must be obtained BEFORE you commence driving.

Singapore driving licence application forms are obtainable from:-

The Registrar of Vehicles,
Maxwell Road, Singapore, 2.

Monday - Friday	0800-1230	1400-1600
Saturday	0800-1230	
Sunday	Closed	

Your valid U.K. licence and passport/ identity card must be produced and the fee for one year is \$10.

Malaysian driving licence application forms are obtainable from:-

The Registrar of Vehicles,
Jalan Larkin, Johore Bahru.

Monday Tuesday		
Saturday & Sunday	0830-1200	1415-1530
Thursday	0830-1130	
Friday	Closed	

Your valid U.K. licence and two passport size photographs must be produced and the annual fee is \$10.

Driving Schools and Driving Tests. If you do not hold or cannot produce a British Driving Licence, you will be required to take a driving test before obtaining a Singapore driving licence. If you have not driven before or require refresher lessons, there are in Singapore a number of reputable driving schools, advice on which may be obtained from the Singapore Automobile Association Office in River Valley Road. Applications for taking a driving test should be made to the Traffic Office in Maxwell Road, the fee payable being \$10. The test itself is based on the U.K. test.

A Singapore driving licence is valid throughout Malaysia, as is a Malaya driving licence. If you decide to live at Johore Bahru you can take a driving test there. Reputable driving Schools are available in Johore Bahru and application for taking a driving test should be made to the Registrar of Vehicles.

Provisional Licences. The requirements for a provisional licence are the same as for an ordinary licence. Rules for a provisional licence holder driving are much the same as in the United Kingdom. If you are a provisional licence holder you are advised to check on the regulations when you obtain your licence.

When a provisional licence holder is driving, the law here prohibits the carriage of any passenger other than the full licence holder who is supervising the learner-driver.. (This means that an "L" wife with husband supervising may not even have the baby in its karicot in the back!)

To carry another passenger in these circumstances invalidates the insurance and carries an automatic penalty of disqualification for 'L' driver and supervisor plus a fine in addition.

CAR INSURANCE

Insurance for cars is as in the U.K. - third party insurance is compulsory.

Insurance costs are much the same as in the United Kingdom. Most British Insurance Companies have offices in Singapore, and the addresses of these are available from the Singapore Telephone Directory. If you have written evidence to support claims for "No Claims Bonus", these are accepted by British Insurance Companies in Singapore. With local insurance companies, however there is a tendency to offset, "No Claim Bonus" against excess charges rather than grant you a discount from the premium.

VEHICLE LICENCES

In Singapore a licence works out at approximately 10 cents per c.c. per annum, for example:- 1489 c.c. will be \$150 p.a. or \$75 for a half year.

Application forms are available from the Registrar of Vehicles.

When you have completed the form you should either take or send it to the above, together with registration book and the appropriate fee.

IMPORTING A VEHICLE

You can do little about this until the vehicle arrives in Singapore except to:-

- (i) Obtain and complete a Registrar of Vehicles' Form N.RV/39 for registration of the vehicle. (Obtainable from The Naval Police Force, Traffic Branch, at the Central Police Station, H.M. Dockyard).
- (ii) Negotiate third party insurance.
- (iii) Obtain an AD VALOREM exemption Application Form and forward to the Registrar of Vehicles (see below).
- (iv) Obtain a Customs Duty Exemption Form.

The import permit is obtained on the arrival of the car and the shipping company does this, or S.N.S.O. if it is coming indulgence freight.

The Automobile Association of Singapore, 336, River Valley Road, Singapore, 9, will undertake the above formalities if required and their service will save much personal time and effort.

You have to take the vehicle for inspection to the Registrar of Vehicles, Middle Road, together with the Import Permit, United Kingdom Registration Book, valid Insurance for the State, Registrar of Vehicles form N.RV/39, and AD VALOREM Certificate. At the same time you will need to pay a registration fee of \$5 and your vehicle licence fee.

Registration plates which become your own property range from \$7.00 to \$14.00 according to the quality desired

The registration procedure for a new car which has not been registered in any part of the world before is the same as the foregoing except for the following:-

- (i) In place of the United Kingdom Registration Book a bill of sale from the firm from which the car was purchased should be produced.
- (ii) The vehicle is taken to the Registrar of Vehicles either under trade plates or tow.

If you are bringing to Singapore a used car make sure that all necessary documents, log book etc., are properly registered in your name.

THE REGISTRAR OF VEHICLES WILL NOT REGISTER LEFT HAND DRIVE VEHICLES IN SINGAPORE.

AD VALOREM Registration Tax.

IMPORT DUTY.

TYRE TAX.

These dues are levied on private motor vehicles imported into or purchased in Singapore.

Exemption from these taxes may be claimed by any member of the Overseas Commonwealth Naval, Land and Air Forces, including a Commonwealth Strategic Reserve when in the Territory, or by any Overseas Commonwealth member of the civilian component of such forces. The motor vehicle must be for the personal use of the claimant or his dependants.

Applications for exemption must be made *within three months* of first arrival in Singapore, Irrespective of the time that you have served in the State at the time of purchase or import you will be eligible for exemption if applications have been made within this period and have been granted.

Should you wish to sell or transfer a vehicle on which exemption has been granted, the exemption continues if the vehicle is disposed of to another member of such Forces or Civilian component who has not previously been granted a similar exemption and who has applied for and been granted this exemption in the usual manner but has not yet acquired a vehicle. However, if the vehicle is to be disposed of any other person, the vehicle will become liable to advalorem registration fees and custom duty assessed on the value of the vehicle at time of disposal.

BUYING A CAR

If you want to buy a new car then you have no difficulties, for most new cars are available immediately.

Buying a Second-hand Car. If you are interested in obtaining a second-hand car, then you are strongly advised not to rush into buying one as soon as you arrive. In particular, you are advised not to have dealings with numerous back alley dealers who tend to descend on you when the word is passed around that you are looking for a car. The most sensible thing to do is to have a good look round the numerous reputable showrooms in Orchard Road to gain an idea of the current market prices. Bear in mind too that local car dealers are amongst the best in the world at disguising flaws and making old cars look far better than they really are. This is why it is far wiser to deal only with reputable firms.

The prices of secondhand cars in Singapore are much the same as in the United Kingdom. Smaller cars are very popular and so hold their prices, but large cars, especially American models, are fairly cheap to buy although their running costs are far greater. In Singapore, most second-hand cars are sold taxed and insured. Many good cars change hands through the advertising columns of our Naval Base News.

When buying a second-hand car it is essential to check that engine and chassis numbers and all other details agree with entries in the registration books as you will have to take the car for inspection by Registrar of Vehicles, Middle Road, Singapore, before it is registered in your name.

Financing of Hire Purchase on Cars. The majority of car dealers in Singapore are only too willing to finance hire purchasing agreements on cars they sell.

SELLING A CAR

Transfer of Vehicles. If you sell your car a form "Transfer of Ownership" (RV 38) must be completed by the buyers and vendor and sent to the Registrar of Vehicles, Middle Road, Singapore within 7 days of the sale, accompanied by the transfer fee.

Transfer fees for a Motor-cycle are \$3 and for a car \$10. You can obtain a form from the Naval Base Police Force, Traffic Branch, at the Central Police Station, Naval Base.

Ad Valorem. Read carefully the section above under "Ad Valorem Registration Tax" about selling or transferring vehicles.

HIRE CARS

Are available from very many garages in Singapore, but very few are adequately insured, with the consequent risk of prosecution and very heavy claims for uninsured damages. The garages shown below are known to provide adequate insurance and are therefore recommended, even though they are some distance from the Naval Base.

- a. *Everfine Co. (Rent-a-Car) Ltd.* 519, Serangoon Road, Singapore. Telephone No. Singapore 21009 (after office hours 94865).
- b. *Hertz Rent-a-Car* Orchard Road, Singapore 9 (Orchard Motors) Telephone No. Singapore 361741.
- c. *National Car Rentals Ltd.* 418 Clemenceau Avenue, Singapore 9. Telephone No. Singapore 20593 (after office hours 494339).

Highway Code. There is a Highway Code for Singapore, but it is not so comprehensive in scope as its British counterpart, being more in the nature of a brief guide. The main points to remember about it are that:-

- (a) All British driving regulations apply.
- (b) Remember the following points about parking:-
 - (i) Never park opposite continuous single or double white lines.
 - (ii) Do not park within 10 feet of a fire hydrant.
 - (iii) Do not park within 20 feet of a road junction.
 - (iv) Do not park within 30 feet of a bus stop.

- (c) At all roundabouts the traffic coming from the right has the right of way. This rule applies also at junctions where no "Halt" or "Slow" sign identifies the major road.

Traffic Accidents. The law demands that drivers and others involved in minor accidents must stop and exchange the following information with any one reasonably requiring it:-

- (a) Names and address of the vehicle owners and persons involved, together with the vehicle registration numbers.
- (b) Drivers must stop after an accident and should they fail to exchange names and addresses, they must within 24 hours, report the accident to a police Officer. Failure to do this is an offence. To avoid congestion following *minor* accidents drivers should move vehicles to the side of the road as quickly as possible.
- (c) When vehicles are involved in accidents resulting in serious damage to property or vehicles, or where injury or death is caused, the vehicles concerned must not be moved without Police permission, so that the Police may examine them to consider the cause of the accident, except that vehicles may be moved to extricate any person, to prevent fire or serious obstruction and also when no other suitable conveyance is at hand to convey a seriously injured person to hospital. The parties involved should still exchange names and addresses and should report to the Police.

RULE OF THE ROAD

In Singapore and Malaysia the rule of the road is exactly the same in the United Kingdom, in that all vehicles drive on the left hand side of the road. At a roundabout you *give way* to traffic on your right.

Roads. Roads in the city are good although some of them are very narrow. Outside the city most main roads are of good standard and the Public Works Department is engaged in a large scale improvement programme. Major projects on some stretches of roads usually cause partial obstruction for long periods, sometimes running into years and where such work is in hand the motorist is liable to encounter a sudden reduction of road width or a change from dual carriageway to two-way traffic without warning.

Other Road Users. A particular hazard for motorists is the Singapore cyclist. It is not unusual to see two passengers being carried on a bicycle and itinerant salesman carry astonishing loads on two wheels so that most cyclist must be given a very wide berth. At night some bicycle will be seen with headlights, often on the wrong side of the road, but tail lights and reflectors are almost non-existent. Other un-lit vehicles include bullock carts and mobile vendors stalls.

Police Signals. Policemen on point duty give clear and easily understood signals similar to those in U.K. except that they do not always use their arms in the stop signal. If a policeman has his back or front towards you, you must stop. When he has either side towards you, you may go.

Naval Establishments, Including the Naval Base and the Shipyard

The Singapore Road Traffic Ordinance 1961 applies as much inside Naval Establishments, including the Naval Base as it does outside. This means that offenders against the Ordinance are dealt with by the Naval Police Force in exactly the same manner as they would be, outside, by the civil police.

DRIVING IN MALAYSIA

All private owners of vehicles (including motor cycles) registered in Singapore require international circulation permits to drive them across the Causeway and/or on the roads of Malaysia.

To obtain a permit, for which there is no charge, the vehicle Registration Book, Insurance Certificate and owners Identity Card must be produced to:

Residents of Johore Bahru:

The Register of Motor Vehicles,
Jalan Larkin, Johore Bahru.

Residents of Singapore:

Malaysia High Commission,
6, Goodwood Hill, Singapore 10.

VEHICLE RUNNING COSTS

In Singapore petrol and the cost of repairs is about the same as that in the United Kingdom. The only applicable difference is in labour charges which are slightly less.

MOTORING ASSOCIATION

The Automobile Association - The Singapore Automobile Association is affiliated to the U.K. Association, and paid-up U.K. members do not have to pay the entry fee to join the local Association. Many useful services are available to members at any time; you can obtain further information and membership forms etc., from:-

The Secretary,
The Automobile Association of Singapore,
336, River Valley Road,
Singapore 9.
Telephone: Singapore 362444

IN CONCLUSION

You will see plenty of bad driving in Singapore, but do not let the bad habits of other drivers contaminate your own standards. Make allowance at all times for possible errors and stupidity of other road users and apply the Highway Code to your driving and you should enjoy an accident free tour.

SECTION XI

GENERAL

THE FAMILY WARDEN SCHEME

There is Family Warden Scheme operating in Singapore and Johore Bahru which provides for selected Service and civilian personnel to be available to give advice and reassurance to all Service and Service civilian families in the event of a state of emergency such as a civil disturbance in Singapore or Johore Bahru.

For the purpose of this Scheme, Singapore and Johore Bahru are divided into eight Defence Districts. There is a Commander for each Defence District who is a senior officer of one of the three services whose normal place of duty is within that district. For example, the Commander of District Number 4 which comprises Singapore Postal District 27 wherein lies the Naval Base, is the Captain of the Dockyard: the Commander of Defence District Number 8, which comprises Johore Bahru and its environs is the Johore Bahru Garrison Commander.

Each Defence District is divided into a number of Family Sectors with a Family Warden in charge of each sector. The Family Wardens are assisted by Deputy and Assistant Family Wardens living in the neighbourhood.

In certain circumstances, it may become necessary to concentrate families in secure Zones within their Defence District. If this happens then the Family Warden and his Assistants will ensure that all families within his sector are moved to the secure zone.

The success of the Family Warden Scheme depends very largely on your Defence District knowing your correct address so that the Family Warden is aware of your presence in his sector. He will then contact you. It is most important therefore, that on your arrival or on any change of residence you inform your Defence District AT ONCE.

You must do this by filling in Form SR001.

Stocks of these forms are kept in the Barrack Control Centre, H.M.S. Terror and by your ship.

When you have completed the form it should be taken to the B.C.C. Terror, if this is convenient, or passed to the Captain's Office in your ship, for transmission as indicated on the form. Failure to do this may result in you and your family being overlooked in times of unrest when protection or assistance is necessary.

CRIME PREVENTION NOTICE 'TO HOUSEHOLDERS

There has recently been a sharp increase in the number of thefts from private dwellings, which includes Furnished Hirings. An analysis of these crimes reveal that in most cases some breach in security precautions by the householder has been in evidence, e.g. windows left open or improperly secured or door-grills not properly locked. In a few cases entry has been effected by the forcing of a door or window, but if the property is secured correctly this is a remote occurrence.

A FEW DONT'S

First and foremost DONT AGREE TO TAKE ON any property that is not properly fitted with security grills to ALL exterior doors and windows, or where it is not well fenced on all sides and without a lockable gate.

Even if you think you are properly secured externally, dont leave valuables lying around; believe it or not, T.V. sets are No. 1. piece, so if possible stow it out of sight after use.

Dont forget to insure against theft; very often the Landlord or the H.P. Company fail to do this, even for their own goods can chattels, so that the liability falls on you if yours or their property is stolen.

NOW A FEW Do's.

Let your neighbour (but not the roundsman) know that you are going up country for a few days, so that they can keep a watching brief for you, they will probably ask you to do the same for them later on.

If you go out to your friends for the evening, leave a light on, say in the lounge, but dont forget to draw the curtains properly.

If you can, keep a dog, (or as has been seen, some ducks, these are reputed to be very good watchkeepers, with the added advantage that you can eat them afterwards).

Try to remember all the other tips you have been given at some time or other about security of the home, AND DO SOMETHING ABOUT THEM BEFORE IT IS TOO LATE.

MAKE IT AS DIFFICULT AS POSSIBLE FOR THE WOULD BE THIEF AND HE WILL GO ELSEWHERE, BUT IF YOU SEE HIM GO ELSEWHERE, REPORT HIM JUST AS QUICKLY AS YOU ARE ABLE.

PETS

On arrival in Singapore many families like to acquire a dog. Before doing so, however, they should bear in mind that they will have to arrange for the proper disposal of their pet when they eventually leave Singapore on posting to U.K. or elsewhere. There is no difficulty about this, but it is surprising how many families neglect to make the necessary arrangements. The causes distress to the animals who are abandoned, and can result in a number of neglected stray dogs in the Naval Base who have to be caught and put down.

If you have a dog to dispose of, you should arrange for another family to take charge of it who can be relied upon to look after it and give it a good home. If you cannot find such a family, then the S.P.C.A. will help you. The best thing to do is to telephone them on Singapore 25221 and make the necessary arrangements with them. Please do not leave this until the last moment, the S.P.C.A. need at least a week to find a home for a dog. One should also remember that the R.S.P.C.A. is a voluntary society and your dog is bound to be an expense, either for feeding or for the cost of having it destroyed, if that is what you would prefer. A contribution to cover these costs is usual and is acceptable to the Society.

Dog traps designed after consultation with S.P.C.A. are used in the Naval Base with the object of catching stray dogs. These are not harmful to dogs and any licenced dog which is caught is released by the Asian Accommodation Officer's staff. Instances have occurred, however, where children have

released animals from these traps, probably with the misguided idea that they are helping a "poor dumb animal". Stray dogs are a constant source of annoyance in the Naval Base and these traps should not be opened by anyone not authorised by the Asian Accommodation Officer. It would help us all if you could please impress this on your children if you eventually take up residence in the Naval Base.

LOCAL EMPLOYMENT

If you have children with you, you will have a full time job looking after them. Your servants whether Malay, Chinese or Indian will certainly be very fond of children but it will be most unlikely that they have been trained to look after European children. If your children are going to school (which most of them do only in the morning in Singapore) it may be a good thing for you to have an outside morning occupation.

Voluntary Work.

There is always a need for voluntary workers; anyone interested should contact the Families Information Bureau, H.M.S. TERROR.

Service Schools

Those wives and daughters who are qualified teachers may obtain employment in service schools as there are some openings where help is needed. Applications should be made to the Headmaster Royal Naval School.

Defence Work.

There are also a limited number of vacancies for jobs in the Ministry of Defence Offices. For particulars of these vacancies apply to the Civil Secretary.

Hospital Work.

From time to time vacancies of a temporary duration occur for civilian nursing sisters in the British Military Hospital.

Civilian Employment.

It is now almost impossible for wives and daughters to find civilian employment owing to the rules enacted by the Singapore and Malaysian Governments, regarding work permits. It is therefore not advisable to bring children of 16 years or over to Singapore unless you are able to support them without relying on local employment.

POSTAL INFORMATION

The Base Fleet Mail Office is situated immediately on the right inside the Myngs Gate and is available to families.

Reception of letters and parcels and the sale of stamps (U.K. and Local) and registered envelopes only is catered for. No Post Office Savings Bank transactions are carried out at this Office.

Overseas cables may be sent from here.

Times of opening.

Mon, Tues, Thurs. & Fridays	0700 - 1600
Wed & Saturdays	0700 - 1200
Sundays	0800 - 1100

The Sub Fleet Mail Office is situated at Garrison Headquarters, Kebun Teh Park, Johore Bahru, for the sale of stamps and collection of mail.

Times of opening.

Mondays-Fridays 9.00 a.m.-11.00 a.m.

TERROR Mail Office is situated in the first block on the left inside the Main Gate.

Business is as for the B.F.M.O. above, but overseas cables are not accepted here.

Times of opening.

Mon, Tues, Thurs & Fridays	0815-1230 1400-1615
Wednesdays	0815-1215
Saturdays	0815 - 0945
Sundays	0915-1000

Incoming Mail.

Forces Concession Rates FROM U.K. are only valid when mail bears a service address; 99 Rimau or Seerene Park etc is not good enough although the letter may be addressed to A.B. Bloggs R.N.

Where possible tell your relatives and friends at home to use your service (Ship) address.

Failure to comply with the above, will almost certainly ensure that your mail will come by sea and not by air, if it is insufficiently stamped.

An airmail letter from U.K. to a service address costs 7d.

Outgoing Mail

Forces Concession Rates to other parts of the world. (Effective from 17th May 1965).

FROM THE FAR EAST STATION TO U.K.

(a) AIRMAIL	
Postcards	5d
Lightweight Forces Letters	4d
Letters NOT OVER 1 Ounce	5d
NOT OVER 1.5 ounces	7d
Each additional half ounce	6d
Maximum weight	4lbs
(d) SURFACE MAIL	
Letters NOT OVER 1 ounce	3d
Each additional ounce	1.5d
Postcards	2d
(c) SURFACE PARCEL RATES	
Not over 3 lbs	3/3d
Not over 7 lbs	5/0d
Not over 11 lbs	6/6d
Not over 22 lbs	10/6d

LOCAL POSTAGE RATES FOR SINGAPORE.

To Places in Malaysia	Letters 15c 1st oz. 10c each ad oz. Postcards 100c.
To Hong Kong, Philippines and Thailand	Letters 30c per half oz. Postcard 15c.
To Macao, Ceylon, India and Pakistan	Letters 40c per half oz. Postcards 20c.
To Japan, Australia and New Zealand	Letters 50c. per half oz. Postcards 25c.
To Middle East, Egypt and Europe	Letters 75c. per half oz.
To Africa (except Egypt) and the Americas	Letters \$1.50c. Postcards 55c.

MAIL TO SERVICE ADDRESSES OTHER THAN U.K.

(a) AIRMAIL	Letters 6d per half oz.
(b) SURFACE MAIL	As for para (b) above.
(c) PARCEL	As for para (c) above.

NOTE:- These are to Services addresses only. Personal Mail to civilian address must be prepaid at local postage rates and be transmitted through civilian channels.

Offices and Ratings of Commonwealth Countries Servings in *H.M.S. SHIPS* are entitled to prepay their letters and parcels to their homelands at Forces Concession Rates.

In order to avoid risk of diversion of concessionary air mail to surface route, correspondence should bear the ships stamp and the date in the bottom left-hand corner.

CONCESSION (CSN) TELEGRAM SCHEME

The Concession Telegram Scheme provides facilities whereby message of an urgent compassionate nature may be sent by telegraph transmission by next-of-kin in the U.K. (including Northern Ireland and the Irish Republic to H.M. Forces abroad. These are known as 'Outward Concession Telegrams.' Similar facilities exist for messages from H.M. Forces to address in the U.K. These are known "Inward Concession Telegrams!"

NOTE. These cables may also be sent from Naval personnel in seagoing ships attached to stations abroad to communicate in emergency with their next-of-kin or nominated correspondent when they are resident at a Naval Base on the Station. Telegrams from the Base are known as 'outward messages' in this case.

General Conditions (see also Local Station Scheme).

- (a) Address will be charged as 5 words irrespective of length (except to and from the Irish Republic where the address is charged in full.)
- (b) Address to contain all available postal particulars.
- (c) The message must relate to urgent and essential private affairs only, (congratulatory messages, birthday greetings etc., not allowed).
- (d) The text, not including the address, should be brief and not normally exceed 12 words.
- (e) CSN Telegrams will be charged at the current U.K. inland telegram rate.
- (f) CSN Telegrams will be routed over service channels both for inward and outward messages, but only after ordinary signal traffic has been cleared.
- (g) Telegrams to Naval personnel should be addressed, name, rank or rating and WARSHIP (name of Ship).
- (h) Next-of-kin require Concession Telegram Authorisation Card. (These cards may be obtained by Naval personnel, filled in, duly stamped and signed by their Commanding Officer, and sent to their next-of-kin.)
- (i) Inward telegrams are to be written on a service message form and must include "CSN" in the preamble.

LOCAL STATION SCHEME -General Conditions.

The conditions are generally as shown above except:-

- (a) The Officer of the Day at the Main Gate TERROR operates this scheme for Singapore.
- (b) Address charge at 4 cents a word with no charges for words in excess of 5.
- (c) The text is charged at 43 cents for 9 words and 4 cents for each additional word.

CHARGES

To the United Kingdom (Inc. Northern Ireland). \$2 and 14 cents for 12 words or less, and 18 cents for each extra word.

To the Irish Republic.

\$2 and 57 cents 12 words or less and 18 cents for each additional word, the address in full.

OVERSEAS CABLES-(not to be confused with CSN telegrams).

The CABLE and WIRELESS CO., Mercury House Robinson Road, Singapore (Tel. 94111) charges the following rates for cables to the U.K.

- (a) Greetings Cables \$4 for ten words.
- (b) Letters Telegrams \$8.80 for 22 words, plus 40c. for each additional word.
- (c) Express Cables 80c. per word.

NOTE. These cables may also be sent from the Base Fleet Mail Office at the same rates.

OVERSEAS RADIO TELEPHONE CALLS

Calls may be made from Singapore to all parts of the world, and full details are given in the Singapore Telephone Director. The charge for calls to the U.K. is \$33 for 3 minutes, and the call is automatically person to person. Because the lines on the Island are often noisy or weak, it is not advisable to make calls from outlying districts of Singapore.

INDULGENCE PASSAGES

Where spare seat in Service aircraft or spare berths in R.A.F.'s, to such places as Hong Kong are available, Service personnel and their families may occupy them although there is no entitlement to this facility. These journeys are called indulgence passages. On them only messing and accommodation charges may be levied. Such journeys are allotted to the basis of a one way trip. Arrangements for the return journey have to be made at the place you are visiting, and if no air or shipping space is available for the return trip, then you must make private arrangements for returning.

All enquiries regarding indulgence passages should be made to the Fleet Movements' Office H.M.S. TERROR, where full information is available.

THE S.S.A.F.A. ESCORT SERVICE

This service exists in U.K. for the benefit of parents who have left their children in the U.K. and who wish their children to be escorted from place to place, such as when school children are coming out to Singapore on the annual free passage Scheme from Boarding schools to the airport of departure.

Escort Fees.

	per family. each	
Officers, Cdrs. and above		£3.10.0
Lt. Cdrs.		3. 0.0
Lt. and below		2.10.0
CPO.'s and P.O's		1. 0.0
Leading Rates		10.0
Able Rates		5.0

Expenses Charges.

Rail/Rail Terminals	12.6.	per child
Rail/Air Terminals	£1.0.0d	each way.
Rail Terminal/ Airport	£1.10.0d.	

There is no Charge for the escorting of families when travelling on compassionate journeys.

— Applications should be addressed to :-

S.S.A.F.A. Overseas Service Dept.
23, Queen Anne's Gate,
London S.W.1.

DRESS

There are certain accepted standards of dress for all and the following points should be borne in mind:-

- (a) Local residents do not appreciate the very brief shorts and revealing blouses worn by some young housewives and teenage girls. Such forms of dress often attract the undesirable type of young Asian to the neighbourhood.

(b) Many servicemen fail to put on sufficient clothes to remain decently clad at all times. This is particularly noticeable with servicemen moving about or just outside their houses, and whether they realise it or not they can be observed from the street or other premises.

(c) Shorts and 'flip-flops' do not constitute evening wear.

TELEPHONES

Local telephone calls from a private number are free. The charge for a call in Singapore from a public telephone is 10 cents, while a call to Johore bahru costs 20 cents and vice versa.

A call from Singapore to Johore bahru prefix 101 to be used.

A call from Johore bahru to Singapore prefix 7 to be used.

IMPORTATION of GOODS into JOHORE BAHRU

All persons travelling to and from the mainland are liable to be searched whether in uniform or plain clothes.

Duty is payable on many articles, including food, drink, fancy goods, cameras, radio and the like, furnishings etc., etc.

Families living in Johore Bahru are strongly advised to use the N.A.A.F.I. facilities thereby avoiding infringement of the Customs Regulations.

RADIO and TELEVISION

All radio and television sets must be licenced in accordance with civilian regulations. A combined licence costs \$36 per year-radio alone costs \$12 per year - and may be obtained from any civilian post office. Failure to licence a set that is in use can result in a very heavy fine.

Television sets can be bought at any reputable dealer or may be hired from most dealers at something like \$22.50 per month. When hiring a set it is usual to be asked to make a deposit or three times the monthly charge which is refundable after a period of six months.

The British Forces-broadcasting Service transmits a programme daily on a short wave frequency of 5010 k/cs in the 60 metre band. The programme is designed for Service listeners and includes each day news bulletins relayed from the B.B.C., sports round up and other items of general interest.

Not all wireless receivers include a 60 metre short wave band but these are easily obtained in all price ranges.

Radio Singapore broadcasts programme for Service personnel on VHF (FM) - frequency between 88 and 108mc/s, as well as in the short wave band.

BROADCASTING HOURS

Saturday	0600 - 0800 1230 - 2300
Sunday	0800 - 2300
Monday to Friday	0600 - 0800 1230 - 1400 1630 - 2300

A characteristic of VHF (FM) broadcasts is that they give a generally better quality than is otherwise possible in the medium and short waves, you are therefore advised, if you are considering buying a new domestic radio set, to buy one with VHF (FM) capabilities in the 88 and 108 mc/s bands.

Another very important feature of the VHF broadcast is, that the Service Family Information will pass instructions and information to families in an emergency on a frequency of 88.9 mc/s. Regular test broadcasts will be made on this frequency, it may well be worth your while to tune in occasionally so that you know just where to tune in on your particular receiver.

If you are considering buying a new receiver you are strongly advised to ensure that it covers this band.

ADOPTION OF CHILDREN

A number of problems can arise, particularly on return to the U.K., and to safeguard the best interests of the parents and the intended adopted child, the husband must inform his Commanding Officer, through his Divisional Officer, and the Service legal authorities. He should then inform the S.S.A.F.A. Welfare Officer, who is in touch with local welfare authorities.

BICYCLES

by local law, all bicycles, including children's which are ridden on public roads must be registered and must display a registration number and plate.

Application for registration, for which a fee of \$4 is charged, should be made to:-

- (a) Registrar of Vehicles, Middle Road, Singapore.
- or, (b) Gov't Office next to Post Office Johore bahru.

CLOTHING

In this part of the world, clothes, especially heavy or woollen ones, become mouldy unless carefully dry-cleaned before storing away in an air-tight box or a heated wardrobe. They should be hung out frequently in the sun and air, and this, together with brushing, will discourage ants and moulds. Leather goods of all kinds should be treated with Polish or saddle soap to prevent mildew, while vaseline on locks and Zipfasteners will help to prevent rusting.

Air-conditioned storage space for storing clothes, etc., may be obtained by applying at the Singapore Cold Storage in Orchard Road. Charges for this service vary according to the amount of material to be stored, but on the whole are very reasonable. This is a most useful facility for maintaining in good order your winter clothing for the U. K.

TAILPIECE

Just one last word - don't get rid of that warm clothing you did bring with you. It will keep with plenty of mothballs and an airing in the sun at regular intervals and will save you endless worry

and trouble when you leave for home, or for a holiday in a cooler climate. Warm clothing is much cheaper at home. However, if you decide that it is hardly worthwhile keeping the children's clothing, you may find the Exchange Shop helpful. (See Section III -Naval base. Amenities).

If you are sending your children to the Naval Base School, or to one of the other Service Schools, there is a simple and inexpensive uniform obtainable locally.

JOSEPH SUPPLIER & CO.,

TELS 85115 & 85415

Nos. 4 & 6, JALAN SELASEH,
SELETAR HILL ESTATE.
SINGAPORE-28.

若瑟公司

FOOD SUPPLIER & DEPARTMENTAL STORE



JOSEPH



RENTAL

	Rates for Self-Drive Cars			West Malaysia		
	Singapore			Daily	Weekly	Monthly
Non Air-Conditioned	Daily	Weekly	Monthly	Daily	Weekly	Monthly
Ford Escort	S\$20.00	\$120.00	\$400.00	S\$25.00	\$150.00	\$480.00
Ford Cortina	S\$25.00	\$150.00	\$500.00	S\$30.00	\$180.00	\$580.00
Ford Falcon	S\$30.00	\$180.00	\$600.00	S\$35.00	\$210.00	\$700.00
Air-Conditioned						
Ford Falcon	S\$35.00	\$210.00	\$650.00	S\$40.00	\$240.00	\$750.00

SHOPPING HOURS:—

Mondays to Saturdays — From 8 a.m. to 7 p.m.
Sundays — Closed.

DELIVERY SERVICE:—

We provide prompt and efficient delivery service.

TERMS:— Cash or Credit Accounts are welcome.

WE INVITE YOU TO VISIT OUR SELF-SERVICE STORE WHERE YOU CAN BE ASSURED OF REASONABLE PRICES, COURTEOUS AND EFFICIENT SERVICE.

JOSEPH SUPPLIER & CO.



Waterproof, automatic calendar, antimagnetic, shock-protected, winds itself on your wrist. Case, dial and bracelet in solid 18 ct. gold \$1,900. Other Omega Constellation Calendar Chronometer models are available in 18 ct. gold \$1,050 (with crocodile strap), in gold top steel \$380, in stainless steel \$315.

Few men are destined to receive this Constellation —the finest Chronometer Omega has ever made

The craftsmen who make this long-living Omega Constellation were the first ever to capture all four of Switzerland's wrist-watch accuracy records at the Observatories of Geneva and Neuchatel in 1964. In the 1966 contest at the same observatories, ALL precision records for mechanical wristwatches again went to Omega — the second time in three years that Omega has achieved this astonishing and unprecedented feat. These achievements, factual and verifiable, give you absolute certainty when you choose an Omega watch — to wear, to give — that it is truly the finest and most fully guaranteed in 156 countries.

All prices are factory controlled and are the same throughout Malaysia, Singapore and Brunei. For your own protection, buy only from the following Omega retailers who alone are authorised to issue the unconditional Omega guarantee honoured in 156 countries.

SIOW HIAP BROTHERS, 70 North Bridge Road.
NANYANG WATCH CO., LTD. 84 North Bridge Road.
KOK HENG & CO. 25 Raffles Place.
TAI HONG HUNG 324 North Bridge Road.
GREAT CHINA & CO. 201 South Bridge Road.
SINCERE WATCH DEALERS, 64 High Street.
FOUR SEAS. 39 John Little's Tourist and Shopping Centre.

B.P. DE SILVA PTE. LIMITED, 19/21 High Street.
SEASON WATCH (CHANGI) CO., 1372 Changi Village.
C.T. HOO 894 and 1024 Sembawang Road.
WOO HING BROTHERS LTD. 186 South Bridge Rd., Pk 101, 353 Taman Jurong.
BOON WATCH COMPANY Singapore Airport.
NAAFI 15 Grange Road.
THIM LOCK WATCH COMPANY Block 22, 287 Outram Park Shopping Centre, 395 North Bridge Road.

Sole Agents and Service Centre for Singapore, Malaysia & Brunei: SILVAROYAL PTE. LIMITED, 10-E Asia Insurance Building, Singapore T.



Jay Birch & Co., (Pte) Ltd., Singapore.