

"Will that eye shadow match my birth mark"



A Michigan clearing beach units camp area



BARY (Beach Armoured Recovery Vehicle) embarking on LCM



Stern-Gate Transfer



A wet Landing

SICK BAY & DENTAL





DENTAL DEPARTMENT

Although the ship's dental surgery is very small, it seemed a luxury after working in a farmyard on Lan Tao island off Hong Kong, The Dental Officer, Surg, Lt(D) Barnard and LMA Sullivan gave dental treatment in a remote area with the whole village in audience – including cows, hens and dogs.

Assistance was also given on Shek Kwo Chow island at the Drug Addicts' Treatment Centre, which is sponsored by the Red Cross: here, no less than 116 extractions were carried out in one afternoon.

SICK BAY

We started the commission with Surgeon Commander Willder in charge, He was quite keen to get home but it appeared that MOD (N) had forgotten about him, Possibly because of this forgottence, he registered a protest by introducing a five piglet, that he happened to have with him, into the Captain's bath on Christmas Day, This manoeuvre was greeted by loud squeals of delight unfortunately only by the piglet, Surgeon Commander Willder has now been appointed to the CEE, Porton, where he has found more congenial guinea Pigs to talk to,

Bill Willder was eventually relieved by Bill Jack - on Hogmanay, a very suitable date considering that they can both tell a 'White Horse' blindfold.

Bill Jack has proved to be an admirable PMO, Efficient, tactful, kindhearted, loyal - (Guess who's writing this) and is well backed up by CPO MA Buck Taylor who is loyal, kindhearted, tactful and efficient Bill Jack of Course, is a well known Doctor at Sea, with three Bachelor degrees but no wives or other vices, Buck Taylor has no Bachelor degrees,

The first six months were splendid, We learnt a lot about tropical diseases and how to avoid them, and Mamma San was particularly helpful,

Then came the dreaded refit in UK, Unfortunately the Snip's Company were too healthy, At first the Sick Bay opened at 0800 in HMS DRAKE and by 0810 the PMO had finished his work for the day, Therefore We got bored,

To keep our moral ticking over, the PMO sug-Bested that we should find something to do in our spare time.

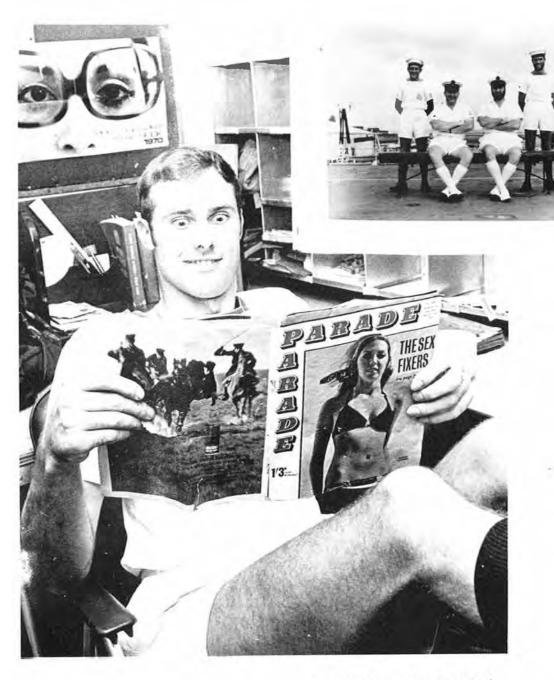
Some of us dashed away to Portsmouth on courses. (The fact that most of us are Portsmouth ratings had nothing to do with it). When we had come back from one course, some of us looked through the regulations and found another course, RNA Andy King, for instance, was stupid enough to apply for the Advanced NBCD Course and did so well that he is now an accepted NBCD Umpire in the ship - instead of being on our side!

Two of us did courses in wooing in our spare time and are now happily married.

The PMO states that he did not do any courses and had no need to woo.

We are now on our 3rd and final leg, New faces have joined us but, after an initial period of shock, have quickly joined in with our Sick Bay motto: 'A good belly laugh a day keeps the PMO away and a good belly is worth watching anyway.

REGULATING STAFF



Fe-male is now ready for collection



"What Keys ?"



It's amazing what you can do in a small space if you really try



"And you make all this yourself ?"



Just good pens

PAY OFFICE

HONG KONG AS A RUN ASHORE

|With grateful acknowledgements to L/Wtr for providing 'Food for Thought')

Hong Kong, the playhouse of the East., It seems to turn man into beast. With good intentions all begin But once ashore, fall into sin. The girls parading are a sight Each har and building bathed in light It seems that this place nothing lacks Or ' twould appear to roaming 'Jacks' . Next day, with heads as sore can be It's straight to doe 'Oh please help me' A 'rosy dawn' to clear the brain we' re fit to go ashore again, For anyone with nougat to do Swallows' will do a good tattoo You laugh, and say 'An O. D. s run' Hear what a Leading Writer's done??? Just this... and now, though you may scoff Will this incur his lady's wrath? Depends if his wife plays the game At least he's inscribed with HER name!!! \mathbf{But} now he's got upon his arm A coloured picture full of charm But in the office, please, perhaps You' 11 keep the peace... DON'T CALL HIM `TATTS' Titus Hell

& OTHERS



Our Staff Photographer



Instruction for school certificate



Weatherman



"But I'm sure I forcast rain"

The life jacket king

CHAPLAIN'S DEPARTMEN'



Some of Intrepid's Choir at St. Peter's, Singapore





Daily Communion

This is one department which does not publish statistics, but we can say that a daily Communion has been established and that Sunday worship has been greatly enhanced by the strong harmonies of the Intrepid Choir - directed by the Dental Offic er and organised by the PMO. Four candidates have been confirmed, and one person baptised in Singapore Cathedral. Visits have been well supported and have included the Hong Kong hospital for lepers, the Home of Loving Faithfulness for Spastics, and also in England we visited the home of the Franciscans at Cerne Abbas. We have had strong ties with many Churches throughout the world and especially with the Parish of St Christopher in Johore.

In November 1968, the first Chaplain of HMS INTREPID arrived on board to find no space set aside for the worship of the Almighty, but with co-operation, bribery and pity of many other departments in the ship a very pleasing and quiet Chapel has been set up: a great deal of the, work was expertly executed by MEA (H) Page (George to his friends).

Concrete things are always easier to talk about than spiritual matters and it is impossible to evaluate what has been achieved during the Commission. We can only hope that we have been a true witness to the Christ whom we claim to follow.

ALBERTHA WARD





The ship adopted Albertha Ward in Freedom Fields' Hospital in Plymouth on April 22nd 1970. When the Captain presented them with a cake in the shape of INTREPID (made by our cooks onboard) the ward retaliated by giving him a giant cuddly Panda,

Several members of the Ship's Company have spent a great deal of time in the ward visiting and helping to entertain the children, especially those whose parents lived a long way down the South West Peninsular and were unable to travel to hospital every day. Since leaving Plymouth we have kept in touch by sending details of the Ship's progress round the world and many interesting items for the childrens' scrap book,













Since recommissioning in December 1968, INTREPID has played sport in many parts of the world. The major sports, Rugby football, Soccer and Hockey, have flourished and have been well supported by the Ship's Company, though some have had success than others! Our Cricketers have not had so much sport, as wherever we go we seem to just miss the cricket season.

Last but not least come the minor sports - tennis, squash, sailing, shooting, golf, fishing, basketball, volleyball, badminton, water polo and deck hockey. These have all had matches at various times, but invariably our volleyballers and shooters etc. also play one of the major sports and thus our teams have not been as strong as they could have been.

RUGBY FOOTBALL

Teams have been selected from the following: Taylor (Capt), Morrison, Davies, Wearne, Bennett,
Howes, Cokeley, (all RN Singapore) Allen, Kendall, Ferris, Kelf, Hollis, Lane, Greening, Ollis,
Bates, Thomas, Boswick, Randalls, Sankey, Godfrey,
Lomas, Patrick, Gray, Thomas, Roberts, Arundel,
Avenall, Bates, Carter, Elliot, Gibson, Johnson,
Rees, Taylor, Little, McLoughlin, Lewis, Baker,
Swift, Abbott, Newton, Ford, Exourne.

The Rugby teams have produced good results all through the commission, and at times we have Put out a 3rd XV. Highlights were beating Hamilton (Capetown) 13-12. and HMS MAURITIUS 50-6. It will be best to forget our 1970 visit to Hiroshima!

S0CCER

Teams have been selected from the following: Knight (Capt), Marchant, Haddock, Grant, Brookes,
Squires, Power, Gamble, Sealey, Caine, Dennis,
Browes, Cokeley, Babb, Lawton, Moore, Dunn, May,
Irvine, Bunting, Gaile, Boswick, Page, Corner,
Rowlandson, Jackson, Vale, Bower, Booker, Newell,
Hart.

INTREPID has never really been a Soccer ship, as our results have shown. However, the 1st and 2nd XI's, and the Interpart sides have all shown enthusiasm; POM(E) Neate is to be thanked for his hard work in running and coaching the teams.







SPORT

HOCKEY

Teams nave been selected from the following': Trentham (Capt), Warne, Collie, Bell (all RN Singapore), Captain Eberle, Orr Ewing, Carvell, Smith,
Brookes, O'Dell, CDR Marx, Galloway, Colbert,
Quick, Roberts, Harris, Avenall, Bowles, Williams,
Ferris, Higgs, Rowbotham, Johnston, Lyle, Clark,
Manley, Brownlee.

Hockey has been the most successful sport in the ship. The most satisfying result was beating the Singapore Naval Base Side 1-0 in 1970. The 1st XI only lost 2 matches since December 1968, against RNAS CULDROSE and HMS ARK ROYAL.

VARIOUS RESULTS

FOSPORT 1969 - INTREPID won the Hockey and Tennis

COMMODORES CUP, HMS DRAKE - Winners - ME's
POTTED SPORTS AT SEA 1970 - Winners - Seamen
DECK HOCKEY 1970 - Winners - CPO's
5-A-SIDE 1970 - Winners - AD

UMPIRES AND REFEREES

A word of thanks to these people, who get all the blame and none of the praise! Well done, Messrs, Brittle, Stocker, etc.

SPORTS OFFICIALS

Sports Officer - Dec 68 - Jan 70 -

LT CDR Blackmore
Jan 70 - Dec 70 LT Trentham
- L/S Pennell

PT Staff - L/S Pennell
Cpl Sturdy
CPO PTI 0' Dell
Cpl Gibson

"Anyone for Limers ?"



The very last drops



It's a man's life in the Royal Marines



Every man has his price

THETOT

Tot was first introduced into the Royal Navy as grog by Lord Vernon in 1740 (although the first rum issue was in 1667). It later became affectionately known as Nelson's blood (Because Nelson's body was preserved in it after Trafalgar) when it became the life blood of the navy, Since 31st July 1970 when it was officially stopped, beer has taken over this important role,

Our photographer unfortunately wasn't present at the first issue, though we did manage to get him along to the last.